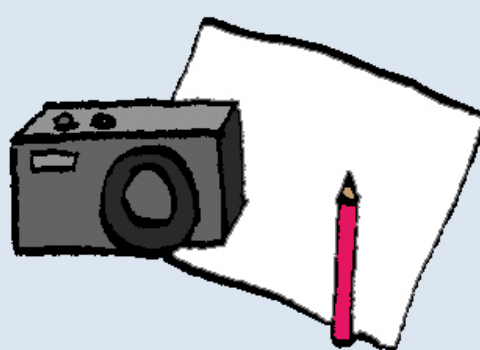
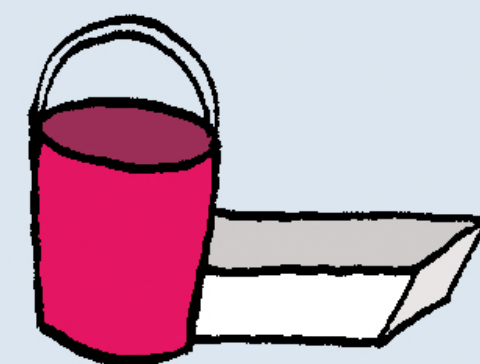


How to go rockpooling

You will need:

- Buckets or clear Tupperware containers
- A field guide or ID sheet
- Sturdy footwear
- Camera and/or pens and paper
- An adult to help you keep an eye on the tide



- 1 Half fill your buckets or containers with sea water. Have more than one to keep bad tempered animals apart!
- 2 Use your hands to carefully lift crabs, starfish and other sea creatures into your containers. Watch out for spines and pincers! Don't handle animals unless you have been shown how to do so.

- 3 Only keep animals in buckets for a short time and keep them out of the sun. The water will warm up quickly and oxygen will get used up fast by scared animals.
- 4 Use a guide to identify your creatures. Take notes, sketch or photograph them.
- 5 Return the animals to where you found them when you've finished looking and wash your hands before eating.

Never put fish in a bucket with anemones or jellyfish (or parts of a jellyfish) as these will sting the fish.

Don't prise limpets, anemones or seaweed from their rocky homes

Replace rocks to the same position once you've looked underneath

Don't take living plants and animals home with you

